

# Spa & Salon

## HAMMAM TREATMENTS

The hammam is an ancient Moroccan traditional method of bathing, using special techniques in the warmth of the hammam room to cleanse and exfoliate impurities from the body.

- Signature Hammam Treatment** 45 mins 110  
An authentic, traditional full body cleansing experience. Starting in our steam room and moving to the warmed, marble hammam table for a black soap wash, kessa scrub, Rhassoul body and hair cleanse, and a finishing application of precious oil blended with pure shea butter. Skin is left notably rejuvenated, softened and radiant. The body is stimulated, re-balanced and toxins are eliminated.
- Soothing Hammam Treatment** 90 mins 190  
Our Signature Hammam Treatment followed by a relaxing 45-minute full body massage with an oil blended with warm, pure shea butter.
- The Beaumont Hammam Experience** 120 mins 230  
Our Signature Hammam Treatment followed by a relaxing 60-minute full body massage with an oil blended with warm, pure shea butter, and a scalp or facial massage.

## SPA EXPERIENCES

- The Beaumont Haven** 1 Person / 2 People 2 hrs 30 mins 340 / 620  
Start your treatment with a foot ritual, followed by a body scrub and wrap, a relaxing full body massage and an individually tailored mini facial. Finish with The Beaumont's classic Afternoon Tea accompanied by a glass of Champagne in The Gatsby Room.
- The Beaumont Bespoke** 2 hrs 30 mins 350  
Take time out, starting with a massage (90 mins) to suit your personal needs, followed by a tailor-made facial and a head massage.

## SPA EXPERIENCES (CONT'D)

**The Beaumont Recovery** 2 hrs 30 mins 350  
Soothe away the negative effects of a long trip and jetlag, or just city life. Reset your body clock and combat fatigue with a reviving body brush, a purifying body scrub and mask, followed by a relaxing full body massage and bespoke hydrating facial.

**Maternity Treat** 2 hrs 275  
A perfect respite to release the stresses of body and mind for expectant women. Ease up with a comforting massage focusing on the tense areas brought on by pregnancy, followed by a recuperative facial.

**Pick-Me-Up** 1 hr 150  
Perfect for a rapid energy boost. Enjoy a rejuvenating back massage (30 mins) and a stress-releasing head and facial massage, followed by a Pick-Me-Up drink.

## MASSAGE AND BODY TREATMENTS

**Full Body Massage** 1 hr / 90 mins 150 / 195

**Back, Neck & Shoulders** 30 mins 80

**Deep Tissue** 1 hr / 90 mins 170 / 220

**Pregnancy Massage** 1 hr / 90 mins 160 / 200

**Sensory Foot Massage** 30 mins 80

**Akwaterra** 1 hr / 90 mins 160 / 200  
A blissful, heated massage experience using warm ergonomic pods to deliver a deep, targeted massage to melt away aches, pains and areas of tension.

## MASSAGE AND BODY TREATMENT (CONT'D)

**OSKIA Bespoke Nurturing Warm Oil Massage** 1 hr / 90 mins 170 / 220  
A restorative full body treatment to release deeply held patterns of stress and tension. Potent warmed oils induce relaxation while eastern-inspired compression and pressure points reduce muscular aches and pains, leaving you profoundly calm yet reinvigorated.

**OSKIA Deep Sleep Massage** 90 mins 230  
Using craniosacral therapy, this multiphase, full-body treatment positively impacts your skin vitality, immune system, and mentality. This deeply relaxing massage meticulously syncs your circadian rhythm to induce a meditative state of relaxation. OSKIA's aromatic oils and mists make this the quintessential healing experience.

**OSKIA Rest & Restore Ritual** 75 mins 210  
This flowing, full-body treatment with warm nutrient-rich super-seed oils combines ancient-inspired sound healing, oil pouring and massage rituals, reflex points and craniosacral therapy to balance the nervous system, restoring harmonious flow of energy and gently easing muscles.

**Body Scrub and Wrap by La Sultane de Saba** 1 hr 150  
A body scrub and wrap may have benefits for more than your skin, including improved circulation, relaxation, stress relief and general wellbeing. It can leave you feeling invigorated, calm and ready for anything.

## MASSAGE AND BODY TREATMENT ADD-ONS

**Massage** (add to body scrub & wrap) 1 hr 120

**Facial** (add to massage or body treatment) 1 hr 130

**Body Scrub** (add to any massage) 30 mins 60

**Body Wrap** (add to any massage) 30 mins 65

## FACIALS

Our facials use OSKIA London skincare.

### Signature Nutri Glow 75 mins / 90 mins

A combination of essential skin nutrients, bio-actives and modern and traditional glow-inducing techniques to illuminate the skin and leave it brighter, hydrated and toned. Therapeutic head, hand and back massages are incorporated to soothe residual tension. Our 90-minute treatment includes extended massage and LED techniques to enhance the skin's own cellular processes, providing immediate anti-ageing benefits. Suitable for a deeper cleanse.

170 / 235

### Revitalising Super – C 1 hr

An ultra-hydrating, super nutrient facial for immediate and lasting anti-ageing benefits, concentrating on toning the face in the short term and delivering collagen-stimulating benefits to maintain a youthful complexion in the long term. Best for hydration and targeting fine lines and wrinkles.

160

### Purify & Revive 1 hr

Natural, scientifically advanced products are used to enhance this deep steam cleanse and stimulating facial massage. Cool eye stones awaken even the most tired eyes, while a focused neck and shoulder massage helps to soothe and revive. A reviving facial perfect for younger, oilier skin types and men alike.

160

### I-Zone Anti-Fatigue 45 mins

A specialised anti-ageing eye treatment designed to soothe over-worked eyes, reduce puffiness and strengthen the eye contour. Combines lymphatic drainage and luxurious massage techniques with cold stone therapy to lift, calm and brighten the eye area.

95

## FACIAL ADD-ONS

### OSKIA High-Spec LED Light Mask 30 mins

Add high-spec LED Light to any facial to enhance the skin's own cellular processes, alongside a hand rejuvenation treatment to relax and unwind whilst the facial's benefits are boosted.

85

### I-Zone Anti-Fatigue Eye Treatment 30 mins

60

### Back, Neck and Shoulder Massage 30 mins

60

### OSKIA Quick Fix Facial 30 mins

A rapid cleanse, exfoliation and radiance boost

80

## MANICURES & PEDICURES

### Gel

Gel Removal 30 mins

30

Full Gel Manicure 1 hr

60

Full Gel Pedicure 1 hr

60

### Express Shape & Colour

Manicure 30 mins

35

Pedicure 30 mins

35

The Beaumont Spa, with its calm, white marble Art Deco surroundings, provides an oasis of tranquillity and revitalisation in the heart of Mayfair. The thermal area offers a sauna, steam room and ice fountain, loungers and complimentary drinks. The Salon offers a full menu of hair styling and colouring, alongside barbering services.

## OUR BRANDS

### **La Sultane de Saba**

Specialists in hammam experiences, this artisan brand has created a range of holistic journeys inspired by ancient beauty rituals and utilising their exceptionally natural, hand-crafted products. All are made without parabens, silicones or microbeads and nor are any products tested on animals.

### **OSKIA**

OSKIA's award-winning formulations are designed using bio-available nutrients and clinically trialled actives.

OSKIA's unique approach to tailored, sumptuous spa treatments begins with combining traditional knowledge, such as acupressure, specialist natural face therapy massage, reflex and lymph drainage, with modern AHA & BHA exfoliation and microbiome harmonisation.

OSKIA products are free from artificial chemicals, fragrances, preservative, colorants, petrochemicals, phthalates, silicones, DEA, TEA, sulphates or parabens, and are 98% natural.

## HAIR & GROOMING

Our Salon offers hairdressing and grooming services for men and women. Please enquire at the Spa Reception regarding the services on offer.

## SPECIALIST TREATMENTS

The Beaumont Spa is pleased to partner with some specialised guest therapists, including reflexologists and a Reiki master. Please enquire at the Spa Reception regarding availability and a full treatment list.

## SPA FACILITIES

One hour use of the spa facilities is complimentary for all hotel guests, as well as those on a Spa Experience and for treatments of 2 hours or more. Should you wish to use the spa facilities without booking a qualifying treatment, we apply a charge of £40 per person for a duration of one hour.

**Opening Hours**

Monday - Sunday 9am – 9pm.

Please ask at reception for out of hours treatments.

The gymnasium is open 24 hours a day/seven days a week for hotel guests.

**To Book**

Please call 020 7499 1001 or email

[spa@thebeaumont.com](mailto:spa@thebeaumont.com)

or visit our website for online bookings:

[thebeaumont.com/spa-and-gymnasium](http://thebeaumont.com/spa-and-gymnasium)

**Timing**

Please arrive at least 10 minutes before your scheduled time. Treatments begin on time in order not to inconvenience the following guest.

**The Beaumont Hotel In-Room Treatments**

All in-room treatments for Beaumont Hotel guests are subject to a surcharge of £30, and are only offered in certain room categories due to space considerations.

Please ask at Reception for further details.

**Children**

Children under the age of 16 are not permitted in the Spa.

Children between 16-18 must be accompanied by an adult.

**Gift Vouchers**

We offer a choice of gift vouchers.

Please ask at Reception or order directly online:

[thebeaumont.com/gift-vouchers](http://thebeaumont.com/gift-vouchers)

**Cancellation Policy**

To confirm and secure your reservation, a credit card will be required.

We require 24 hours' notice to cancel or rearrange treatments and 48 hours' notice to cancel or rearrange Spa Experiences.

Cancellations made with less than the required notice or failure to arrive for an appointment will incur the full charge. All cancellations must be made with The Beaumont Spa directly by calling 020 3728 7330 or by emailing us (out of hours) at [spa@thebeaumont.com](mailto:spa@thebeaumont.com).

**Payment**

Please note that we are cashless.

