

Spa & Salon

HAMMAM TREATMENTS

The hammam is an ancient Moroccan traditional method of bathing, using special techniques in the warmth of the hammam room to cleanse and exfoliate impurities from the body.

Signature Hammam Treatment 45 mins	130
An authentic, traditional full body cleansing experience. Start in our steam room before moving to the warmed, marble hammam table for a black soap wash, kessa scrub, Rhassoul body and hair cleanse. Your treatment will finish with the application of precious oil blended with pure shea butter, to leave your skin notably rejuvenated, softened and radiant, while your body is stimulated, re-balanced and toxins are eliminated.	
Soothing Hammam Treatment 90 mins	210
Our Signature Hammam Treatment, followed by a relaxing 45-minute full body massage with oil blended with warm, pure shea butter.	
The Beaumont Hammam Experience 120 mins	250
Our Signature Hammam Treatment, followed by a relaxing 60-minute full body massage with oil blended with warm, pure shea butter, and your choice of a scalp, or facial massage.	

SPA EXPERIENCES

The Beaumont Mayfair Haven 1 Person / 2 People 150 mins	340 / 620
Start your treatment with a foot ritual, followed by a body scrub and wrap, a relaxing full body massage and an individually tailored mini facial. Finish with The Beaumont Mayfair's classic Afternoon Tea, accompanied by a glass of Champagne in The Gatsby Room.	
The Beaumont Mayfair Bespoke 150 mins	350
Take time out, starting with a massage (90 mins) to suit your personal needs, followed by a tailor-made facial and a head massage.	

SPA EXPERIENCES (CONT'D)

The Beaumont Mayfair Recovery 150 mins 350
Soothe the negative effects of a long trip, jetlag, or just city life. Reset your body clock and combat fatigue with a reviving body brush, a purifying body scrub and mask, followed by a relaxing full body massage and bespoke hydrating facial.

Maternity Treat 120 mins 275
A perfect respite to release the stresses of body and mind for expectant women. Ease up with a comforting massage focusing on the tense areas brought on by pregnancy, followed by a recuperative facial.

Pick-Me-Up 60 mins 170
Perfect for a rapid energy boost. Enjoy a rejuvenating back massage (30 mins) and a stress-releasing head and facial massage, followed by a Pick-Me-Up drink.

MASSAGE AND BODY TREATMENTS

Full Body Massage 60 / 90 mins 170 / 215

Back, Neck & Shoulders 30 mins 90

Deep Tissue 60 / 90 mins 190 / 240

Pregnancy Massage 60 / 90 mins 180 / 220

Sensory Foot Massage 30 mins 90

Akwaterra 60 / 90 mins 160 / 200
A blissful, heated massage experience using warm ergonomic pods to deliver a deep, targeted massage to melt away aches, pains and areas of tension.

MASSAGE AND BODY TREATMENT (CONT'D)

OSKIA Bespoke Nurturing Warm Oil Massage 60 / 90 mins 190 / 240
A restorative, full body treatment to release deeply held patterns of stress and tension. Potent warmed oils induce relaxation, while eastern-inspired compression and pressure points reduce muscular aches and pains, leaving you profoundly calm yet reinvigorated.

OSKIA Deep Sleep Massage 90 mins 230
Using craniosacral therapy, this multiphase, full-body treatment positively impacts your skin vitality, immune system, and mentality. This deeply relaxing massage meticulously syncs your circadian rhythm to induce a meditative state of relaxation. OSKIA's aromatic oils and mists make this the quintessential healing experience.

OSKIA Rest & Restore Ritual 75 mins 220
This flowing, full-body treatment with warm, nutrient-rich, super-seed oils combines ancient-inspired sound healing, oil pouring and massage rituals, reflex points and craniosacral therapy to balance the nervous system, restoring harmonious flow of energy and gently easing muscles.

Body Scrub and Wrap by La Sultane de Saba 60 mins 170
This body scrub and wrap has benefits for more than your skin, including improved circulation, relaxation, stress relief and general wellbeing. leaving you feeling invigorated, calm and ready for anything.

MASSAGE AND BODY TREATMENT ADD-ONS

Massage (add to body scrub & wrap) 60 mins 130

Facial (add to massage or body treatment) 60 mins 140

Body Scrub (add to any massage) 30 mins 60

Body Wrap (add to any massage) 30 mins 65

FACIALS

Our facials use OSKIA London skincare.

Signature Nutri Glow 75 mins / 90 mins

190 / 255

A combination of essential skin nutrients, bio-actives and modern and traditional glow-inducing techniques to illuminate the skin and leave it brighter, hydrated and toned. Therapeutic head, hand and back massages are incorporated to soothe residual tension. Our 90-minute treatment includes an extended massage and uses LED techniques to enhance the skin's own cellular processes, providing immediate anti-ageing benefits. Suitable for a deeper cleanse.

Revitalising Super – C 60 mins

170

An ultra-hydrating, super nutrient facial for immediate and lasting anti-ageing benefits, concentrating on toning the face in the short term and delivering collagen-stimulating benefits to maintain a youthful complexion in the long term. Best for hydration and targeting fine lines and wrinkles.

Purify & Revive 60 mins

170

Natural, scientifically advanced products are used to enhance this deep steam cleanse and stimulating facial massage. Cool eye stones awaken even the most tired eyes, while a focused neck and shoulder massage helps to soothe and revive. A reviving facial perfect for all skin types.

I-Zone Anti-Fatigue 45 mins

100

A specialised anti-ageing eye treatment designed to soothe over-worked eyes, reduce puffiness and strengthen the eye contour. Combines lymphatic drainage and luxurious massage techniques with cold stone therapy to lift, calm and brighten the eye area.

FACIAL ADD-ONS

OSKIA High-Spec LED Light Mask 30 mins

85

Add high-spec LED Light to any facial to enhance the skin's own cellular processes, alongside a hand rejuvenation treatment to relax and unwind whilst the facial's benefits are boosted.

Back, Neck and Shoulder Massage 30 mins

60

OSKIA Quick Fix Facial 30 mins

80

A rapid cleanse, exfoliation and radiance boost

MANICURES & PEDICURES

Full Manicure 75 mins

100

Normal polish or gel polish

Full Pedicure 75 mins

100

Normal polish or gel polish

Gel Removal 30 mins

30

Express Shape & Colour

Manicure (with normal polish) 30 mins

45

Pedicure (with normal polish) 30 mins

45

The Beaumont Mayfair Spa, with its calm, white marble Art Deco surroundings, provides an oasis of tranquillity and revitalisation. The thermal area offers a sauna, steam room and ice fountain, loungers and complimentary drinks.

OUR BRANDS

La Sultane de Saba

Specialists in hammam experiences, this artisan brand has created a range of holistic journeys inspired by ancient beauty rituals and utilising their exceptionally natural, hand-crafted products. All are made without parabens, silicones or microbeads, nor are any products tested on animals.

OSKIA

OSKIA's award-winning formulations are designed using bio-available nutrients and clinically trialled actives.

OSKIA's unique approach to tailored, sumptuous spa treatments begins with combining traditional knowledge, such as acupressure, specialist natural face therapy massage, reflex and lymph drainage, with modern AHA & BHA exfoliation and microbiome harmonisation.

OSKIA products are free from artificial chemicals, fragrances, preservative, colorants, petrochemicals, phthalates, silicones, DEA, TEA, sulphates or parabens, and are 98% natural.

SPECIALIST TREATMENTS

The Beaumont Mayfair Spa is pleased to partner with specialised guest therapists, including reflexologists and a Reiki master. Please enquire at the Spa Reception regarding availability and a full treatment list.

SPA FACILITIES

One hour use of the spa facilities is complimentary for all hotel guests, as well as those on a Spa Experience and for treatments of 2 hours or more. Should you wish to use the spa facilities without booking a qualifying treatment, we apply a charge of £40 per person for a duration of one hour.

Opening Hours

Monday - Sunday 9am – 9pm.

Please ask at reception for out of hours treatments.

The gymnasium is open 24 hours a day/seven days a week for hotel guests.

To Book

Please call 020 7499 1001 or email spa@thebeaumont.com

or visit our website for online bookings: <https://thebeaumont.com/wellness/>

Timing

Please arrive at least 10 minutes before your scheduled time. Treatments begin on time in order not to inconvenience the following guest.

The Beaumont Hotel In-Room Treatments

All in-room treatments for Beaumont Hotel guests are subject to a surcharge of £120 per hour, and are only offered in certain room categories due to space considerations.

Please ask at Reception for further details.

Children

Children under the age of 16 are not permitted in the Spa.

Children between 16-18 must be accompanied by an adult.

Gift Vouchers

We offer a choice of gift vouchers.

Please ask at Reception or order directly online: thebeaumont.com/gift-vouchers

Cancellation Policy

To confirm and secure your reservation, a credit card will be required.

We require 24 hours' notice to cancel or rearrange treatments

and 48 hours' notice to cancel or rearrange Spa Experiences.

Cancellations made with less than the required notice or failure

to arrive for an appointment will incur the full charge. All cancellations

must be made with The Beaumont Mayfair Spa directly by calling 020 3728 7330

or by emailing us (out of hours) at spa@thebeaumont.com.

Payment

Please note that we are cashless.

